

Aiki Toho Iaido

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| 1 | Shohatto 初発刀
Beginning sword | Eishin-Ryu Chiburi
(yoko chiburi) |
| 2 | Ukenagashi 受流
Flowing Parry [Aihanmi Ikkyo Omote] | |
| 3 | Ushirogiri 後切
Rear cut [Gyakuhanmi kaitennage] | |
| 4 | Zengogiri 前後
Front Back Cut [Aihanmi shihonage] | |
| 5 | Sayugiri 左右後
Left Right Cut [Gyakuhanmi shihonage] | |
| 6 | Tsukaosae 柄抑
Handle Control [Gyakuhanmi nikyo] | |
| 7 | Tekubiosae 手首抑
Wrist Control [Aihanmi nikyo] | |
| 8 | Kawashitsuki 躲突
Evade Thrust [Tsuki sankyo] | |
| 9 | Tsukekomi 付け込み
Adhere, attach [Shomenuchi/tsuki kotegaeshi] | Katori-Ryu Chiburi
(flip chiburi) |
| 10 | Tsume 詰
Pressed, packed [Shomenuchi/aihanmi chudan iriminage] | |
| 11 | Sanpogiri 三方後
Three Direction Cut [Gyakuhanmi sankyo] | |
| 12 | Shihogiri 四方後
Four Direction Cut [Shomenuchi/yokomenuchi shihonage] | Katori-Ryu Chiburi
(drip: chi no shizuku o otosu) |
| 13 | Nukiawase 抜合
Matching Draw [Shomenuchi/yokomenuchi gokyo] | Suio-ryu Chiburi
(drip to front) |
| 14 | Todome 留
Finishing Blow [Gyakuhanmi yonkyo] | Eishin-Ryu Chiburi
(yoko chiburi) |
| 15 | Tomesuemono 止据物
Ending Test Cut (止 tome=stop, end,
据物 suemono = dead body used to test a blade) | |