

## Aikido Grading Requirements

<b>6<sup>th</sup> Kyu</b>	20 days of practice	gyakuhanmi katatedori – tenkan aihanmi katatedori – ikkyo, omote & ura nikyo shihonage omote kotegaeshi kokyu dosa	<b>2<sup>nd</sup> Kyu</b>	50 days of practice after obtaining 3th kyu	yokomen-uchi – ikkyo, nikyo, sankyo, yonkyo, gokyo shihonage, irimi-nage, kotegaeshi aihanmi katatedori – kaiten-nage (uchikaiten) jo no tebiki ryote-dori – jiyu waza * jo – honte-uchi, yakute-uchi, tsuki randori
<b>5<sup>th</sup> Kyu</b>	20 days of practice after obtaining 6th kyu	gyakuhanmi katatedori – kaiten-nage (uchikaiten) ikkyo ura, nikyo ura shihonage omote kotegaeshi aihanmi katatedori – sankyo ura irimi-nage boken – makko-giri kesa-giri	<b>1<sup>st</sup> Kyu</b>	60 days of practice after obtaining 2nd kyu	tsuki & katadori-menuchi – ikkyo, nikyo, sankyo, yonkyo, gokyo shihonage, irimi-nage, kotegaeshi morote-dori & shomen-uchi – jiyu waza * gyakuhanmi katatedori – jo no tebiki randori
<b>4<sup>th</sup> Kyu</b>	40 days of practice after obtaining 5th kyu	ryote-dori – tenchi-nage ikkyo, nikyo, sankyo shihonage, irimi-nage, kotegaeshi aihanmi katatedori – jiyu waza * ken no tebiki randori	<b>1<sup>st</sup> Dan</b>	60 days of practice after obtaining 1st kyu	All prior techniques plus as determined by examiners
			<b>2<sup>nd</sup> Dan</b>	Minimum 1 year since 1st dan, with 120 days of practice	All prior techniques plus as determined by examiners
<b>3<sup>rd</sup> Kyu</b>	50 days of practice after obtaining 4th kyu	ushiro ryotedori & shomen-uchi – ikkyo, nikyo, sankyo, yonkyo, gokyo shihonage, irimi-nage, kotegaeshi gyakuhanmi katatedori – jiyu waza * ken no tebiki randori	<b>3<sup>rd</sup> Dan</b>	Minimum 2 years since 2nd dan, with 240 days of practice	All prior techniques plus as determined by examiners

\* Include basic techniques plus various kokyunage for jiyu waza (freestyle).

All exams are cumulative and may include requirements from previous exams.

Application forms and fees should be turned in before the examination date.

Partners (uke) in an examination should be near the same rank.

Continue doing the same technique until the examiner says "Stop".